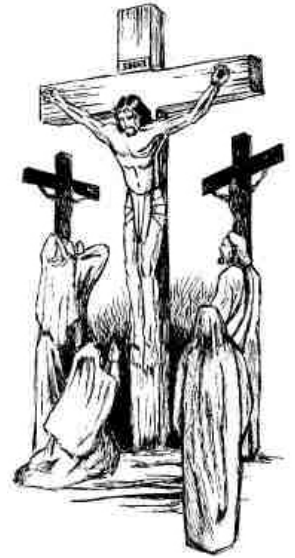


The Bellringer



*The Anglican Parish of St. George, Transcona
Holy Week and Easter Services
at St. George's*

Palm Sunday (Liturgy of the Palms) - Sunday, April 1, 10:30 am

Contemplative Eucharist - Monday, April 2, 7:00 pm

Maundy Thursday Service - April 5, 7:00 pm

Good Friday Service - April 6, 10:30 am

Easter Sunday, April 8:

Sunrise Easter Eucharist - 8:00 am

Breakfast - 9:15 am

Easter Eucharist - 10:30 am

*Come, celebrate with us
the Resurrection of our Lord!*

Volume 26 Easter 2012 Number One

**If you're getting print copy & have email, it's likely because we don't have your addy
- please email the office <stgeo321@mts.net> if you'd like to switch & 'go green'!**

St. George's Anglican Church

321 Pandora Avenue West
Winnipeg, Manitoba, R2C 1M6
Phone: 204-222-1942
Web Site: www.stgeorgestranscona.ca
Email: stgeo321@mts.net

RECTOR	<u>The Reverend Helen Kennedy</u>	204-222-1942
HONORARY ASSISTANT	<u>The Reverend Fraser Hunter</u>	
RECTOR'S WARDEN	<u>Sharon Cortvriendt</u>	
PEOPLE'S WARDEN	<u>Jim Fuller</u>	
TREASURER	<u>Terry Leah</u>	
ASSISTANT TREASURER	<u>Penny Single</u>	
ENVELOPE SECRETARY	<u>Penny Single</u>	
PARISH SECRETARY	Maureen Duncan	204-222-1942
SUNDAY SCHOOL DIRECTOR	Vicky Taylor	
VESTRY CLERK	Maureen Duncan	204-222-1942

MEMBERS OF VESTRY

Liz Beazley	Theresa Gibson	Alice Stewart
Gail Bodner	Fraser Hunter	Doris Termeer
	Brian Price	

DELEGATES TO SYNOD AND ALTERNATIVES*

Bob Baker	Claudine Thagard	Dan Thagard
Alison Ward-Westervelt	Vera Sherman*	Charlotte Wells*

REGULAR SERVICES

SUNDAY	10:30 AM	HOLY EUCHARIST
	10:30 AM	SUNDAY SCHOOL
MONDAY	7:00 PM	HOLY EUCHARIST

The Bellringer is published three times a year. The editor always welcomes suggestions, letters, articles and news items that are not protected by copyright (unless permission to reproduce has been granted). Items may be handed in to the sidespersons on Sunday, to the parish office, or to the editor (mailbox #8).

EDITOR: Elizabeth Beazley (222-1610)

Easter Message

I bought a book on Sunday from saint benedict's table. It is a familiar book that I have bought about a dozen times before, but then ended up giving them all away. It is called *A Book for Lent*, which contains eight meditations by a Lutheran lay reader James Snyder. It is accompanied by a set of 'aquatint images' created by a local artist Helen Lyons. One of the 10 prints that were made from the copper plates etched by acid, is in my office and is a treasured piece. The meditations in the book are reflections on the seven words of the Passion of Christ. They are deep and yet real in their content, on Good Friday a few years ago I read *The Sixth Word, It is Finished*, which speaks about how everything goes back to regular life after an event. In many ways the journey that we have travelled during Lent is over, so go back to doing what you have been doing, 'it is finished.' Nothing has changed, the garbage still needs to be taken out, you can go back to work, nothing has changed. Or has it!

Today as I write this, the words are a bit more poignant than I first thought. Stephen has gone back to England. He will not be moving to Canada until the end of the year when he can take an early retirement. He and I will be travelling across the ocean a few times over this next year. So, I get to be back into my routine of doing ordinary things, attending to things that have been unattended to as we have been busy with the wedding. There is a sense that life is back to normal, my regular single life is back; I have the house to myself. An event has happened, but all too soon we get on with regular life. But things are different, things have changed. I am Helen Kennedy now and I need to begin to live into that person. I have been joined to another, things really have changed.

So as we approach Easter and the familiarity of spring, new season, Easter eggs and family gatherings, let us think again that after the event of the resurrection everything did change. The world was a different place, the relationship between humanity and God was altered, what was believed to be the final piece turned out not to be the final piece, life goes on after death. The by-line for *The Book for Lent* is...*Towards What We Can Scarcely Imagine and Scarcely Refuse*, so let us embrace the new reality and live into the people we were designed to be.

Blessings of the Easter Season

Helen



From Dark to Light; From Agony to Resurrection

For many years now, the Christian Church in the west has tended to emphasize the joyous resurrection of our Lord Jesus – the Resurrected Christ. Therefore, we are much more accustomed to the image of the Risen Christ, arms out stretched towards us in invitation and wearing a white robe, similar to the wonderful image hanging above the altar in Blessed Sacrament Church, which many of us remember. It is an image that inspires joy and comfort. Nevertheless, it is not so many years ago that things were different. I remember when I was a teenager kneeling for what seemed like hours saying the litany – pages and pages of asking God to save us from all sorts of dreadful sins, some I'd never even heard of. Presbyterians were thundered at from the pulpit to mend their sinful ways, and when you entered a Catholic church you were met by a large crucifix of the suffering Christ in His last agonies. All were reminders of how inherently depraved man (and woman, too, of course!) was supposed to be.

Nevertheless, in this enlightened day and age, as Rev. Helen reminded us recently, sin is still around. We may not be considered by 'those in authority over us' to be as depraved as before, but we do sin, we do separate ourselves from God by not acting toward others as He would have us act. So it may be instructive to look for a moment at the death of Jesus as we reflect, in this Lent, upon what and how we can do to be more pleasing to the Christ who died on the cross.

According to an Internet article, "On the Physical Death of Jesus Christ," by Archpriest George Benigsen, some researchers based at the Mayo Clinic in Rochester, Minnesota, did a study of the physical death of Jesus.¹ Here is a much abbreviated overview of their findings.

The Romans apparently inherited crucifixion from the Persians and managed to make it an even more excruciating way to die. (The word 'excruciating' actually means 'from the cross.')

Not only was crucifixion a terrible way to die, it was also a disgraceful way to die, being usually used for only the very worst cases. As we know, Jesus was scourged before being crucified. Scourging, of course, is whipping, and for this, the Roman soldiers used a whip made with several leather thongs tipped with, for instance, sharp pieces of bone. Having somehow survived a particularly vicious whipping, Jesus was crowned with thorns and then forced to carry the cross to Calvary.

At Calvary, He refused to drink the mixture of wine and gall, which, as a mild pain-killer, was intended to allay a bit His pain so that He could suffer longer on the cross. He was then nailed to the cross with long iron spikes through his wrists (not His hands) and through His feet. These spikes would have missed any large blood vessels but would have severed major nerves causing "sharp, stabbing bolts of fiery pain."

Hanging in this manner from the cross made breathing, especially exhaling, very difficult and often caused the victim to suffocate to death. To ease His breathing, Jesus would have to push His body up, which resulted in additional distress, and His seven last words from the cross would have been accomplished in great agony. While victims of crucifixion could survive as many as three or four days on the cross, after three or four hours, Jesus cried out and died. The sudden loud cry the researchers attribute to a

¹ "On the Physical Death of Jesus Christ, *Journal of the American Medical Association* (Vol. 255, no. 11, March 21, 1986).

heart attack or perhaps a sudden arrhythmia, brought on by the blood loss during the scourging, suffocation, etc.

It is very disturbing to think about Jesus' agony on the cross. But we know there is a happy ending to the story. We know that Jesus left the tomb on Easter Sunday, that He now wears the white robe of resurrection, that He is with us always and forever.

*Come to church on Holy Thursday and Good Friday.
Walk with our Lord in His agony as He walks always with us so that
you can celebrate with Him on the day of His Resurrection.*

ENB

Note: I am indebted to Pat for sending me Benigsen's article which can be found at <http://www.holy-trinity.org/feasts/benigsen-physicaldeath.html>.

Although Lent is almost over now, the following suggestions are valid any time!

Suggestions for a Lenten Sacrifice

***Why not increase your capacity for joy by giving up
the things that force joy out of your soul!***

- ❖ GIVE UP resentment and become more forgiving.
- ❖ GIVE UP hatred and return good for evil.
- ❖ GIVE UP complaining and be more grateful.
- ❖ GIVE UP pessimism and become more hopeful.
- ❖ GIVE UP worry and become more trusting.
- ❖ GIVE UP anger and become more patient.
- ❖ GIVE UP pettiness and become more noble.
- ❖ GIVE UP gloom and become more joyful.



From Fr. John Catoir, *Lent: Discovering Joy in a Solemn Season*, Christophers News Notes, #492, www.Christophers.org

A Prayer for Easter

Risen and living Lord, we stand in awe before the mystery of your resurrection.
Give us the gift of wonder and reverence as we contemplate your love for us.
Help us to see your glory in the empty tomb.

From Robert F. Morneau, *Not by Bread Alone – Daily Reflections for Lent* (Collegeville, Mn.: Liturgical Press, 2010), p. 97.

Flower Dance

With shining petals spread like skirts, the garden flowers are swaying
In graceful lines and rhythmic dance to lilting tunes the winds are playing.

Thank you to Bob Workman for this endearing story . . .

Although my Father was a quiet man, he enjoyed nothing better than a well told joke, either as audience or raconteur. During his hospitalization towards the end, nurses would come in to hear his jokes. When talking became difficult we made copies of his current favourite story and he would hand this sheet to his intended audience. While cleaning up some old papers I came across this leaflet and wanted to take this opportunity to once again bring smiles to people’s faces with this well loved tale. So in memory of my father I present:

Father Murphy’s Jackass

Once there was a poor parish whose priest wanted to raise money to support the church. He went to a horse sale and since he was not a good judge of horses he ended up buying a jackass. Since he had the ass he decided to enter him in the race anyway.

The next day at the race Father Murray’s ass came in first and the newspapers read, “Father Murray’s ass out in front!”

The Archbishop was much disturbed and cautioned the priest but he entered the ass in the next race. This time it came in second and the papers read, “Father Murphy’s ass shows!”

The next race the jackass was entered again and came in third. The headlines were, “Father Murphy’s ass back in place!”

The Archbishop was so disturbed by this that he forbade Father Murphy from entering the jackass in any more races. The next day’s paper read, “Archbishop scratches Father Murphy’s ass!”

The Archbishop then instructed Father Murphy to get rid of the ass. Father Murphy gave it to Sister Agatha who sold it for \$10.00. The papers then read, “Sister Agatha peddles ass for \$10.00!”

They buried the Archbishop three days later.

Parish Milestones

Baptisms

Nevaeh Joy Sousa

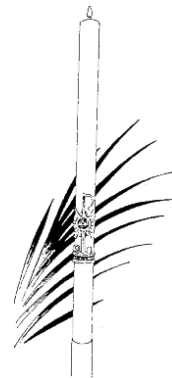
Marriages

Ryan Thomas Workman and Tracy Lynn Klawuhn
Michael Peter Lewis and Katherine Lynn Barnes
Stephen Kennedy and the Reverend Helen Manfield

In Memoriam

Janice Matheson

“Eternal peace grant unto her, O Lord,
“And may light perpetual shine upon her.”



Here and There

Our Church Has a New Look!

If you haven't been at church for a few weeks, you're in for a very pleasant surprise! First of all, the whole wall behind the altar has been painted. That dreadful grayish pink, which clashed with the stained glass windows and did nothing for the oak furniture, is gone! It has been replaced by a warm cinnamon, which complements both the windows and the wood around them, and, seems to make the church look bigger.

And that's not all – the chairs are gone, too. In their place are pews, purchased from St. Matthew's. By their grain, I believe they are made of oak, although they have a slightly more reddish finish than the oak in the altar, but whatever the wood, everyone loves them (they even have kneelers!). The pews are the gift of a very special person, Vera Sherman. Thank you very much, Vera!

Movement Centre – On behalf of the Movement Centre, Marj Gravlin asks that we save our Campbell's soup labels. The Movement Centre (which St. George's has donated to in the past) helps people, young and old who have mobility challenges. It is a most worthwhile organization, so next time you open a can of chicken noodle soup, save that label!

Transcona Centennial – There is still time to 'buy a brick' to go into Transcona's Centennial Square on Regent Avenue. I believe the costs are \$50.00 for bronze, \$75.00 for silver, and \$100.00 for gold. A brick would be a lovely gift for a special anniversary or graduation, etc. There is also a **Transcona Centennial Booklet** which costs \$20.00.

Adult Ed: Movie Nights continue until the end of May. They are held on alternate Friday evenings (April 6 and 20, May 4 and 18) at Jim's or Helen's in St. Vital. Please contact the office at 222-1942 to confirm dates and locations. These evenings begin at 6:30 pm, and the movie at 7:00 pm. Munchies and coffee are served. Come on out and view movies in a "new light"!

Vacation Bible School: This summer our **VBS** will be held July 23-27. All children are welcome! Once again, we will be working with Transcona Memorial United Church. For more information, please call the office at 222-1942.

All going well, the **paving of the handicapped parking area** will be done this year.

Do you know of someone in our church family who might like a visit? Please notify the church office at 222-1942, and the message will be passed on to the **Pastoral Care Team**.

The next **Men's Breakfast** will be on Saturday, April 28th, at 9:00 am in the parish hall.

Just a reminder of the **annual Christmas Bazaar** in November. As you lie in the sun at the beach this summer, think of new things we could try at it and maybe do a little crafting as well.

Calling all gardeners and people who love
flowers and fresh vegetables . . . Come visit
. . .



St. George's Garden Centre

Opening Saturday, May 12th

**Regent Park Shopping Centre
Regent West at Brewster**

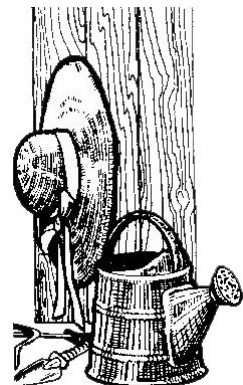
**Open 7 days a week:
Mon.-Fri.: 10am-7:30pm
Sat. & Sun.: 8:30am-6:00pm
(Weather and volunteer support permitting)**

Bedding Plants
Hanging Baskets
Vegetable Plants

Bagged Soil
Patio Planters
Seeds

All you need for a
beautiful garden!

**And don't forget: we will have
beautiful
hanging baskets for that special
mother on Mother's Day!**



2012

St. George's Garden Centre

WHERE REGENT PARK SHOPPING CENTRE

WHEN MAY 12TH – JUNE 17TH

The garden centre is a large part of our operating budget for St. George's. We will be asking for your help to make the garden centre a financial success. A meeting will be held on Sunday April 15th after church. Bring any ideas or suggestions to the meeting.

A lot of manual labour goes into the garden centre from the initial set up to the day to day managing of the centre and then in the take down. I understand that not everyone is physically able to help by working shifts when we are open.

If you are fortunate enough to be blessed with good health and the ability to work **WE NEED YOU.** Please consider committing to volunteering to at least one shift per week. Of course if you are able to give more of your time and talent you won't be refused.

If you are unable to help us by working at the garden centre we are not averse to accepting monetary donations. Donations can be made to the Garden Centre. We will run them through the general account and they will be receiptable.

One thing that everyone can do is pray for good weather and brisk business. Hope to see you at the meeting on April 15th.

Penny

A Very Special Event



On Thursday, March 15th, a very special event took place in our parish. Our Reverend Helen became the bride of Stephen Kennedy of Coventry, England.

The bride, beautiful in a gorgeous strapless dress and tiny veil, was escorted down the aisle on the arm of the Canon Reverend Bob Webster. The bride's daughter, Stephanie, was bridesmaid, and the handsome groom was attended by his sister, Minoo Baxter. The service was celebrated by the Reverend Jamie Howison. Trish, a talented member of St. Benedict's table, played the keyboard and sang. The church was decorated with a profusion of roses in various lovely pastel colours – white, pink and mauve.

The church was packed with family and well-wishers. After the ceremony, guests nibbled on cheese, crackers, fruit and wedding cake (made by the bride and groom). A delicious sparkling wine was graciously served by Sylvia Jensen and the Reverend Carol Fletcher of Transcona Memorial United Church. A wonderful time was held by all!

Several of the groom's family traveled from England for this special day. His sister, Minoo Baxter wore a fabulous fascinator just like those worn by the daughters of the Duke and Duchess of York at the recent royal wedding.

We all, at St. George's, extend our best wishes to Rev. Helen and Stephen!





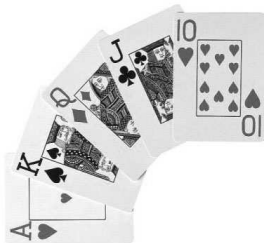
Youth Sleepover

During the spring break, March 23-24, the youth group had a sleepover at St. George's. There were six youth, three leaders, and one grandma helper. We kicked things off by making our own pizzas and salad for dinner, followed by the 40 Days in the Desert Program where we actually ate some unleavened bread made with ancient grains. It was voted that everything tastes better with Nutella and we wished we had some! We created lovely chocolate dip shortbread and the Easter cards for the people in the parish who could use an extra hug or two this Easter Season but cannot necessarily come to church to collect them. They will be given to Claudine Thagard and her essential visiting committee to deliver when they visit. We also did a special project for the Sunday School to help with the Sunday lesson. We stayed up late and got up early. We finished all we wanted to accomplish and decided next time maybe we could invite the youth from another church to join us as well.

Rowena Slater

Ed.'s note: The congregation enjoyed very much the 'dirty feet' shortbread cookies made and handed out by the youth on Sunday morning – thank you to all of you!

St. George's Bridge and Whist Luncheon



Thursday, April 26, 2012, 11:30 am
Tickets: \$12.00

For tickets and to reserve tables,
Please call
Barb at 256-2304 or
Charlotte at 222-9205

Come on out for a lovely day of
good food, good games, good prizes
and lots of fun!!!

Sign-up sheets for donations will be posted on the bulletin board.
Donations of prizes worth \$10.00 to \$20.00 would be much appreciated.

Location = Transcona Scout Hall, Melrose & Winona (around the corner from church).

Copies Of The 2012 Budget Are Available From Church Office

Future Events

2012

Holy Week

April 1	Sunday	10:30 am	Palm Sunday
April 2	Monday	7:00 pm	Contemplative Eucharist
April 5	Thursday	7:00 pm	Maundy Thursday Service
April 6	Friday	10:30 am	Good Friday Service
April 8	Sunday	8:00 am	Easter Sunrise Service
		9:15 am	Easter Breakfast
		10:30 am	Easter Eucharist
April 15	Sunday	After church	Garden Centre Meeting
April 26	Thursday	11:30 am	Bridge and Whist Luncheon
May 12	Saturday	8:30 am	Opening of Garden Centre
Mid June			Garden Centre Windup Barbeque
July 23-27			Vacation Bible School

From the Editor

Once again, thank you so much to all those who contributed to this issue of *The Bellringer* in any and all ways. Your help is invaluable!

It is still possible to obtain copies of St. George's Centennial booklet. To do so contact me or Pat Allan.

To one and all, a Holy and Joyous Easter, and a Great Summer!



ACTIVITIES & SERVICES

<u>Group/Committee</u>	<u>Contact Person</u>	<u>Phone</u>
Adult Education	<u>Rev. Helen Kennedy</u>	204-222-1942*
Advertising/Communications	<u>Pat Allan</u>	
Altar Guild	Anne Liebl	
Anglican Church Women	Gwen Hoare	
Cleaner	Randy Rentz	
Collection Count	Peggy Rentz	
Envelope Secretary	<u>Penny Single</u>	
Ecumenism	<u>Elizabeth Beazley</u>	
Finance (treasurer)	<u>Terry Leah</u>	
Flowers (Altar)	Maureen Duncan	204-222-1942*
Food Bank	Doug & Florence Madden	
Funeral Ministry	Charlotte Wells Alice Stewart <u>Elizabeth Beazley</u>	
Garden Centre	<u>Penny Single</u>	
Healing	<u>Rev. Helen Kennedy</u>	204-222-1942*
Liturgy	<u>Rev. Helen Kennedy</u>	204-222-1942*
Memorial Fund/Board	<u>Dan Thagard</u>	
Men's Group	<u>Derrick Slater</u>	
Music Ministry	Alice Stewart	
Newly Baptized	Barbara Gustafson	
Parish Newsletter (<i>Bellringer</i>)	<u>Elizabeth Beazley</u>	
Pastoral Care Team	<u>Claudine Thagard</u>	
Prayer Circle	<u>Alison Ward Westervelt</u>	
Property & Maintenance	<u>Jim Fuller</u>	
Servers	<u>Rev. Helen Kennedy</u>	204-222-1942*
Sidespersons & Welcoming	Gerald Hillier	
Social Events/Parish Activities	Charlotte Wells Barbara Gustafson <u>Elizabeth Beazley</u>	
Sunday School	Vicky Taylor <u>Rowena Slater</u>	
Web Page	<u>Kirby Pearson</u>	

Welcome to all newcomers to St. George's!
If you wish to be part of one or more of the groups listed above, please contact the appropriate contact person (above or via office*).